

## **SA SELECTORIZED SERIES**

# **SA012 - CABLE SEATED ROW**







## PRODUCT OVERVIEW

The pinnacle of seated rowing excellence - your essential tool for building a powerful back. The machine offers multiple training handles, enabling various rowing movement variations. The extended seat design provides ample pre-stretch range for seated rowing movements, allowing back muscles to achieve maximum stretch and contraction sensation.



## **SPECIFICATIONS & KEY FEATURES**

# Specifications

Dimension:	1132*1288*1566mm
Total Weight:	209kg
Weight Stack:	100kg
Max Weight Stack:	125kg







## | Product Features



#### Robust and Durable, Value-Optimized Choice

The main frame utilizes Q235A high-frequency cold-rolled steel, with 40\*140mm square tubing and 50\*100mm oval tubing working in harmony to ensure machine durability. Surface finishing employs electrostatic powder coating, passing over 800 hours of salt spray and impact testing. The finish is brilliantly aesthetic while the machine remains incredibly durable.



### Interchangeable Handles, Train Your Way

The machine provides multiple training handles, enabling various back training movements. Handles can be freely interchanged based on your needs. All handle surfaces feature special anti-slip material, ensuring stable grip throughout training for superior workout feel.



### Extended Seat Pad, Maximum Pre-Stretch Range

The extended seat design provides ample pre-stretch range for seated rowing movements, enabling complete motion paths and allowing back muscles to achieve maximum stretch and contraction sensation.



#### Precision Weight Stack Engineering, Professional Training Assurance

Utilizing a high-density cast iron weight stack system with specialized black textured powder coating for premium feel. Special protective coating ensures wear and corrosion resistance, providing lasting durability for professional training. The weight distribution is precisely calibrated, with maximum weight reaching 125kg, allowing you to easily find that "perfect training weight" without compromising.